

Monday

Tuesday

Wednesday

Thursday

Friday

5

Turkey Sandwich

On Wheat Bread with Cheese
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

6

Grilled Cheese

On Whole Wheat
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

7

Ham Sandwich

On Wheat Bread with Cheese
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

1

Quesadilla

Chihuahua Cheese & Salsa Packet
Served with Fresh Fruit &
Fresh Vegetables
Bag of Tortilla Chips & 1% White Milk

2

Grilled Chicken Sandwich

Whole Wheat Bun
Served with Fresh Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

12

Institute Day

13

Italian Sub

Ham, Turkey, Cheese & Salami
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

14

Beef Hot Dog

Whole Wheat Bun
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

15

Cheese Pizza

Served with Fresh Cut Fruit &
Salad w/ Ranch Packet
& 1% White Milk

16

BBQ Pulled Pork

Whole Wheat Bun
Fresh Cut Fruit
& Fresh Vegetables
Bag of Chips & 1% White Milk

19

Meatball Sandwich

(pork & beef)
WW Bun & Marinara Sauce
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

20

BLT

On Wheat Bun
Bacon, Lettuce, Tomato
Fresh Cut Fruit & Fresh Vegetables
Bag of Chips & 1% White Milk

21

Chicken Pasta Caesar Salad

Grilled Chicken, Romaine, Pasta,
Parmesan Cheese and Caesar Dressing
Served with Fresh Cut Fruit &
Garlic Toast & 1% White Milk

22

Grilled Cheese

On Whole Wheat
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

23

Once Upon a Bagel

Whole Wheat Bagel
Cream Cheese & a Turkey Roll up
Fresh Cut Fruit
& Fresh Vegetables
1% White Milk

26

Beef Hot Dog

Whole Wheat Bun
Served with Fresh Cut Fruit &
Fresh Vegetables
Bag of Chips & 1% White Milk

27

Quesadilla

Chihuahua Cheese & Salsa Cup
Served with Fresh Fruit &
Fresh Vegetables
Bag of Tortilla Chips & 1% White Milk

28

Italian Chicken Tenders

Fresh Cut Fruit
& Fresh Vegetables
Bag of Chips & 1% White Milk

29

Cheese Pizza

Served with Fresh Cut Fruit &
Salad w/ Ranch Packet
& 1% White Milk

30

Early Release

